

PRESS RELEASE

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FLEX YOUR COMEDY MUSCLE AT CARDIFF CENTRAL LIBRARY

Wannabe Rhod Gilberts and Russell Howards are invited to attend free stand up comedy workshops at Cardiff Central Library, from Wednesday July 21 until Friday July 23, between 11am and 5pm.

The one day workshops are available to those aged between 15 and 19 and offer a great opportunity for teenagers to develop their funny bones!

During the workshops young people will learn essential stand up comedy skills, confidence boosting techniques and comedy writing skills. The workshops have been organised by Cardiff Libraries in partnership with Cardiff Comedy Festival, Catchy Monkey Productions and the Big Sleep Hotel.

Those taking part in the workshops will also have the opportunity to compete for the chance to perform to a LIVE audience at a unique comedy show taking place in the library on Saturday 24th July at 7pm. Prizes include free tickets and backstage passes to see Rhod Gilbert at St. David's Hall! If you don't fancy taking part in the workshops, why not come along for the show instead?

For more details or to book a place contact Nicola Richards on nrichards@cardiff.gov.uk or telephone 02920 780980. Spaces are limited so bag yours now!

The workshops coincide with the Cardiff Comedy Festival which this year takes place between the 16 to 26 July. This year's Festival comes direct out of St David's Hall with a whole host of top comedians performing, including Rhod Gilbert and Russell Kane

The 10 day event will feature the first ever Welsh Unsigned Stand-up Award (WUSA) Sponsored by Route One.

Executive Member for Sport, Culture and Leisure, Cllr Nigel Howells, said: "The ethos of any good library is for people to learn and develop their skills. At Cardiff Central Library, our aim is to offer an exciting and varied programme of activities, where people can learn new things.

The workshops also provide a great link between the library and the Cardiff Festival and it's fantastic that we are using new venues to host Cardiff Festival events."

For more information on Cardiff Central Library, visit www.cardiff.gov.uk/libraries for more information on the Cardiff Festival, visit www.cardiff-festival.com

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